



Health Care Policy

- A. Health Care Supervisors:** Jeff Bretsch, Camp Director/Operator/HCS 781-864-5749
 James O'Hare, Health Care Supervisor 781-724-4229
Health Care Consultant: Kristen Penney, Nurse Practitioner 443-538-3553
 508-210-5850

Camp Address: The Wolves Den
 340 Oak St., Pembroke, MA 02359
 John Poirier, Owner/Operator 781-589-2965

- B. Emergency Contacts:** Pembroke Fire Department (non-emergency) 781-293-2300
 Pembroke Police Department (non-emergency) 781-293-6363
 Poison Control 800-222-1222
 IN CASE OF EMERGENCY call 911

- C. Hospital Utilized for Emergencies:**
 South Shore Medical Center, 55 Fogg Road, South Weymouth, MA 781-624-8000

D. Emergency Procedures:

In case of an emergency involving a camper, the Camp Director will immediately contact the parent or guardian of that child and follow the emergency protocols as needed. If transportation is needed for a medical emergency, staff will contact 911 for an immediate response via ambulance or as recommended by medical personnel.

E. Emergency Procedures if parents cannot be contacted:

In cases where parent or guardian is not available, the Camp Director/Health Supervisor will contact the next available contact supplied by the parent or guardian. The camp requires additional emergency contacts for emergency purposes. These contacts will be in the administrative files of the camp and accessible to camp personnel on site.

F. Collection of Relevant Medical Information

Registration materials require all staff and campers to provide a documented medical history including medical care providers, a timely physical examination, and proof of immunizations. Each of these is to be prepared and signed by a licensed health care provider. All medical records will be readily available to the Health Care Supervisor who will maintain a log of all camper and staff health complaints and treatment. Information regarding meningococcal disease is also provided to parents/guardians at the time of registration. Also, no person known to be suffering from tuberculosis in a communicable form, or having evidence of symptoms thereof, shall be allowed to work or attend the camp and interact with children in any capacity, which might bring him/her into contact with any camper at the camp.

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G. Procedures for Administering Prescription & Non-Prescription Medication:

A form must be filled out and signed by parents/guardians for all medications to be dispensed. All medications must be kept in original containers and will be stored in a locked box in the office. The Health Care Supervisor will dispense medications according to the instructions of the Health Care Consultant. The Health Care Consultant will review and sign a form to document that she is aware of each medication to be given at camp. The camp's Health Care Consultant will provide training to the Health Care Supervisor pertaining to the administration of topical or oral medications. If a camper refuses their medication or are not administered their medication in accordance with instructions signed off by Health Care Consultant and parent/guardian, the parent/guardian will be contacted immediately, and the Health Care Consultant will be notified as well.

H. Procedure for Returning or Destroying of Unused Medication:

All unused medication will be returned to the parent of the camper when the camper is finished coming for the summer. Medications that are left for more than two weeks after the end of camp will be properly disposed of in accordance with state and federal laws and such disposal shall be documented in writing in a medication disposal log. This medication disposal log will be maintained for at least three years following the date of the last entry.

I. Procedure for Utilizing First Aid Equipment & Injury Prevention Management:

First Aid Kits (class A and class B) are located in the gymnasium and are to be administered and maintained by the Health Care Supervisor. If First Aid is administered, the Health Care Supervisor will evaluate the seriousness of the injury and either inform the parents immediately or upon arrival at pick up. On a regular basis, the camp staff will assess and remove any hazard that may cause injury to a camper at the facility. The Health Care Supervisor has been certified in Red Cross Standard First Aid.

J. Awareness of Allergies:

A log of campers with known allergies and medical conditions will be maintained. Staff & campers will be notified in advance of any policies designed to prevent exposure to any specific allergens. Circumstances under which it may be necessary to administer an epinephrine auto-injector (via self-administration or administration by the trained Health Care Supervisor) are developed under the guidance of the health care consultant.

K. Campers with Diabetes:

The circumstances in which a camper may self-administer insulin injections will be documented. If a diabetic child requires his or her blood sugar to be monitored, or requires insulin injections, and the parent or guardian and the camp health care consultant give written approval, the camper, who is capable, may be allowed to self-monitor and/or self-inject himself or herself. Blood monitoring activities such as insulin pump calibration, etc. and self-injection must take place in the presence of the properly trained health care supervisor who may support the child's process of self-administration. In addition, the camp's health care consultant shall train health care supervisors on the signs and symptoms of hypo or hyperglycemia, and appropriate diabetic plan management.

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L. Sunscreen Policy

Although our program is primarily located inside a gymnasium, some campers may desire sunscreen to protect them from the sun. It is our policy that sunscreen be administered only by parents/guardians in advance. Our staff will not be distributing sunscreen to campers on premises.

M. Insect Repellent Policy & Tick Checks

It is our policy that insect repellent be administered only by parents/guardians in advance. Our staff will not be distributing insect repellent to campers on premises. If there is reason to suspect that a student has been bitten by a tick, the health care supervisor will conduct a tick check and will inform the parents/guardians of the check and any findings.

N. Sick Camper/Mildly Ill Camper Policy and Procedures

If a child has a temperature or has contracted a communicable disease, they will not be allowed to participate at camp. If a camper becomes mildly ill during camp, they will be allowed to rest in a safe area away from the field of play. Parents will be notified of their child’s condition and may be asked to come and pick them up as soon as possible.

O. Injury Reports

A report shall be completed on a form available from the Department of Public Health for each serious injury as a result of which a camper, staff person, or volunteer is sent home or brought to the hospital or physician's office, and where a positive diagnosis is made. Such injuries shall include, but shall not necessarily be limited to, those for which suturing or resuscitation is required, bones are broken, or the camper, staff person, or volunteer is admitted to the hospital. A copy of each injury report shall be sent to the Department, as well as the Board of Health, as soon as possible but no later than seven calendar days after the occurrence of the injury.

P. Procedures for the Clean-up of Blood Spills & Disposal of Medical Waste:

We will have disposable gloves on-site as well as a bottle of disinfectant proven to be virucidal & bactericidal for the clean-up of any blood spills. All waste will be maintained and properly disposed of in accordance with the requirements of 105 CMR 480.000.

Q. Exclusion Policy for Serious Illnesses, Contagious Diseases, & Diseases Reportable to the Board of Health:

A camper will not be allowed to participate in camp activities if diagnosed with any serious illness, contagious disease or reportable disease. The Health Care Supervisor will follow all emergency protocols if any of these situations arise and will report it immediately to our local Board of Health. The Camp Director will be responsible for the submission of that report and consult with the Health Care Consultant for any necessary action that is to be taken.

R. Evacuation Plan for the Facility:

If the facility’s fire alarm system is triggered or if the Camp Director blows his whistle five times, this will signify to the counselors to collect all campers in their group. The counselor will then gather and count their campers and wait for further instructions. The Director will then tell all counselors to evacuate their campers. Campers will follow their counselor outside using the closest safe exit. Once outside at a safe distance from the building, the counselor will take

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attendance and wait for further instructions. The director will contact 911 as soon as possible to inform them of the name of the building, the location of the fire in the building, and call-back telephone number.

Once all campers and staff are outside the building, the Camp Director will confirm the attendance of each camper using the attendance logs to ensure all campers are out safely. Campers and staff will remain in designated areas until notified by emergency personnel.

A fire drill will be held the first day of camp.

S. COVID-19 Policies & Procedures (Revised July 12, 2021)

- Prior to participation, players and coaches must attest that they have shown no signs or symptoms of COVID-19 for 14 days.
- COVID-19 vaccination will be noted as a part of health screening and immunization records.
- Questioning of participants prior to activity is encouraged. “Have you recently experienced loss of taste or smell, new or worsened muscle aches, fever or chills, new or worsened cough or shortness of breath, diarrhea/vomiting, or new or worsened sore throat?” “In the past 14 days, have you had close contact (within 6 feet for more than 15 cumulative minutes) with a person known to have been infected with COVID-19?”
- Players, staff, and parents should stay home if they are experiencing symptoms, have a temperature, or have had close contact with a person with COVID-19.
- If an individual develops symptoms during the activity, they should promptly inform organizers and must be removed from the activity to the health office and arrangements made for them to be sent home. Coaches will have accurate contact information on site at all times. If a symptomatic individual tests negative, they may return to activities after their symptoms have improved and have been without fever for at least 24 hours without the use of fever-reducing medications.
- Duty to Disclose, Quarantine, and Return to Activity: If a staff member or athlete has tested positive for COVID-19, exhibits symptoms but has not been tested, or has had close contact, the staff member or parent of the player must immediately notify the director and remain in quarantine until meeting state guidelines for return to play. Return to activity must be cleared by the director in cooperation with the local Board of Health. Fully vaccinated individuals are not required to quarantine.
- Players, coaches, and parents are encouraged to practice social distancing whenever possible particularly during meals.
- Sanitizer stations will be available, and all athletes will be encouraged to hand-sanitize before and after camp and lunch each day.
- Athletes are encouraged to bring their own labeled basketball. The program will sanitize all provided basketballs before each session.
- Per CDC guidelines, fully vaccinated individuals do not need to wear a mask. Unvaccinated participants are encouraged but not required to wear masks. If a parent requests that their child wear a mask, our staff will support this request. Disposable masks are available on site if a replacement is necessary. Mask breaks will be provided and can be requested at any time.
- Athletes are encouraged to bring their own water bottles (labeled) and are not to share these with anyone. Sports drinks and waters are available for purchase on site at the snack bar.

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- Players are encouraged to take a shower and wash their clothes each day.
- Efforts will be made to organize players into groups that will remain relatively consistent throughout the week. As we will be conducting games, scrimmages, and competitions between these groups, some measure of risk is unavoidable and assumed by those choosing to participate, but this consistent grouping will reduce the duration of exposure to individuals in other groups.
- To minimize crowds at drop-off, we will allow athletes to enter the facility any time from 8:45-9:00 with camp starting at 9:00.
- At the conclusion of each day of camp, if weather permits, players will leave the building immediately and will wait for pickup outside in their groups supervised by their coaches. Parents can pick up from their vehicles.

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